

I'm Sorry Day



A Musical Family Program for Yom Kippur

Brought to you by
The Bender-Dosik Parenting Center
Early Childhood Music Specialist, Lisa Baydush
The Bender Jewish Community Center of Greater Washington



SHALOM!

Hello ~ שלום

Boker Tov

by Lisa Baydush

Boker tov, good morning, my friends!
I'm so glad to see you— and you and you and...
Boker tov, good morning, my friends!
I'm so glad to see you!

Clap your hands (clap 2x) if you're ready to sing,
Wave your hands way up high,
Now wiggle your fingers and tickle your toes,
And open your mouth real wide,
and sing with me now...

Tap your knees (tap 2x) if you're ready to sing,
Now stretch from side to side,
Take a deep breath in and blow it out,
And open your mouth real wide,
and sing with me now...

Tov, Tov, Tov

by Lisa Baydush

Tov, tov, tov – how good it is!
Tov, tov, tov – how good it is!
Tov, tov, tov, to be together! Yachad! (repeat)

How good it is to see you! (Hinei mah tov!)
Your smiles brighten my day! (Hinei mah tov!)
I'm so glad that you're here
So we can all sing— la-la-la-la-la— together!
Hinei, hinei, hinei mah...



SHANAH TOVAH!

Happy New Year!

שָׁנָה טוֹבָה

Shanah Tovah

to the tune of Hal'Il'luyah

Sha-na-na-nah, sha-na-na-na-nah,
Sha-na-na-nah, shanah tovah!
Sha-na-na-nah, sha-na-na-na-nah
Sha-na-na-nah, sha-na-na-nah, shanah tovah!



Wave to a friend and share a big smile...
Clap your hands and welcome in the new year...
Give a hug to someone very special...

MODEH ANI!

Thank you, G*d!

מוֹדָה אֲנִי

Modeh Ani

by Emily Aronoff

Modeh Modeh, Modeh Ani
I'm as thankful as I can be
Wake up each morning, first thing I say
Is thank you to God for this day!

Thank you for _____.



T'SHUVAH

Repentance ~ תְּשׁוּבָה

Tap Your Heart (Ashamnu)

by Eliana Light

Tap, tap, tap your heart (3x)
On Yom Kippur, it's time to restart!



On Yom Kippur (echo), we try to do good (echo)
We tap our hearts (echo), to remind us we should (echo)

On Yom Kippur (echo), we make a plan (echo)
To make this new year (echo), the best we can (echo)

Yom Kippur Finger-Play

from Clap and Count, adapted by Nell Hirsch

Here's a friend and here's a friend
They've argued with each other
At Yom Kippur they say, 'I'm sorry'
And make up with one another

Turn Turn Around

by Ellen Allard

Chorus:

T'shuvah, turn turn around
T'shuvah, turn turn around
Turn around, turn around, turn around
T'shuvah, turn turn around



I am very sorry, sorry for what I've done
I promise to do my best now that the new years' begun.

Sometimes I can be grouchy, and not very much fun,
I promise to do my best now that the new years' begun.

I'll think about what I can do to be kind to everyone,
I promise to do my best now that the new years' begun.

Yom Kippur is a Quiet Day

by Lisa Baydush

Yom Kippur is a quiet day
We go to synagogue to think and pray,
We say we're sorry for things we've done,
And we try to do a little bit better

We say I'm sorry,
and we make a plan,
To be kind to one another,
and be the very best that we can!

Throwin' My Sorrys Away

by Lisa Baydush

I'm blowin' my sorrys away today
I'm blowin' my sorrys away away
I'm blowin' my sorrys away today
I'm blowin' my sorrys away

And I'm gonna make changes in the things I say,
In how I act every day;
I'm gonna try a little more to do the best I can;
That's my New Year's plan!

And tomorrow's gonna be a brighter day
I'm feeling the sunshine right away
Let's make a plan to do what we can
to start the New Year right!



Avinu Malkeinu

folk melody; lyrics for English verse by Lisa Ashery

Avinu malkeinu, chanenu v'aneinu, ki ein banu masim
אָבִינוּ מַלְכֵנוּ חַנּוּנוֹ עֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׂים

Aseh imanu, tzedakah vachessed, v'hoshieinu
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ

Oh, God, please hear my prayer,
I want you to know that I care;
I'm thinking about all the things I can do
To make this a really good year!

G'mar Chatimah Tovah

by Julie Auerbach

Open the book and write my name,
Open the book and write my name
Open the book and write my name,
G'mar cha-ti-mah tovah!



What can YOU do to make this a really great new year?

Building a Better World

by Ellen Allard

We're building a better world,
We're building a better world
We're building a better world,
One person at a time.

And the world goes round and round,
the world goes round and round and round (repeat)

We're building a world with smiles, kindness, hugs, friends...



HALLELUYAH!

Praise ~ הַלְלוּיָהּ

Sh'ma

music by Solomon Sulzer

Sh'ma Yisrael Adonai Eloheinu Adonai Echad
Baruch sheim k'vod malchuto l'olam va'ed

שִׁמְעוּ יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ. יְיָ אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

God is Everywhere

by Ellen Allard

God is everywhere and God is one, God is one!
God is everywhere and God is one, God is one!
God is everywhere and God is one,
In the moon and the stars and the shining sun
God is everywhere and God is one, God is one!

In my heart/hands/arms/lips, God is one...

Great, Mighty and Awesome

by Ellen Allard

Great, mighty and awesome (yeah!) (3x)
God Supreme! (repeat)

We sing love, we sing praise,
We sing joy all our days...



Shalom, Chaverim

by Lisa Baydush

Shalom, chaverim, shalom! (4x)

Shanah tovah to my special friends
I'm so happy you were here!
G'mar Chatimah, may you be sealed
For a healthy, sweet new year



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